

Escape the Norm of Team-Based Training and Education: How to Create a Healthcare Design Escape Room

15 FEB 2024
12:00 – 1:00pm EST

Warm Up!

Join at [menti.com](https://www.menti.com) | use code **8557 5668**



When you think of online training, what comes to mind?



ses ...



<https://www.menti.com/aluebi271sr9>

Modern Online Modules + Onboarding

More distractions

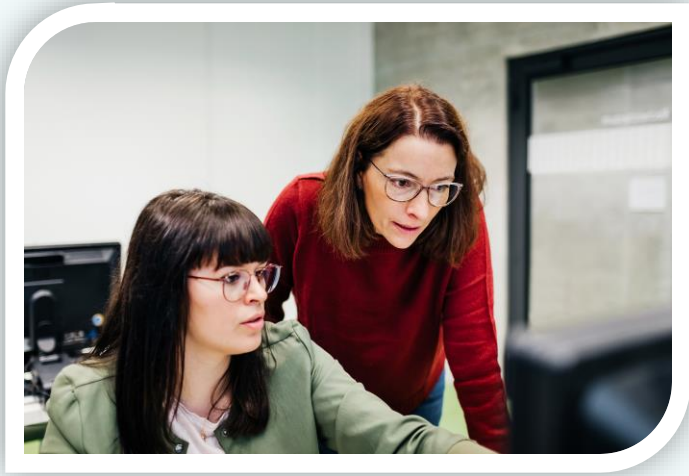
Less oversight

Reduced motivation

Lack of continuity in applied learning



Why Escape Room?¹⁻³



Increase Engagement



Think Harder



More Active in Learning

NIHD's Workshop Application of Escape Rooms

Use **R.A.I.S.E** to help your design team create a new operating room based on the best evidence based design research.

- **Re-think:** How do we identify problems or ideas to explore?
- **Appraise:** Where can I find reputable information and how do I read it?
- **Inquire:** Who do I include when I am searching for and appraising evidence?
- **Study:** What are things I need to consider when I am looking to conduct research with or without people as participants?
- **Empower:** What are the next steps to help others learn what I have found out?

Place your answers in the Google Form at the bottom to escape the room.



Creating a Virtual Escape Room | The Platform



Versatile and Free!
2-Dimensional Customization

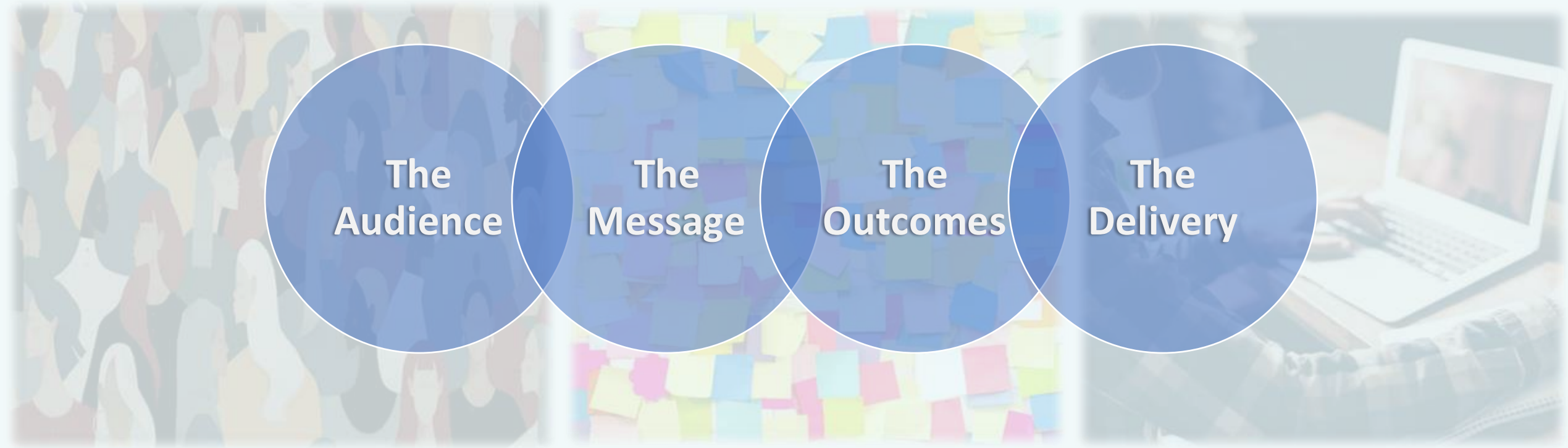


Versatile and Free!
Dynamic with Built-In Features



At Cost
3-Dimensional, Group Exploration

Creating a Virtual Escape Room | The Concept



Creating a Virtual Escape Room | Crafting the Challenge



Google Doc



Google Drawing



Google Form



Google Site



External Puzzle

Creating a Virtual Escape Room | Crafting the Challenge

Situational Brief



SCENARIO: Your team has been assigned to renovate Centerville Community Health Clinic which resides in a small town in the Rocky Mountain West region of the United States. This health clinic is over 60 years old, and the last renovation was in 2004. Since then, the population has expanded to 15,000 residents. The clinic currently offers primary care services with rotating specialty clinics supplied by a metropolitan hospital system 3 hours away. Using the R.A.I.S.E. acronym as guidance, search the clinic for clues for unique considerations necessary when designing for community-based health centers. Input your answers in the Google Form at the bottom to 'escape' the room!

Guiding Framework for Exploration



RETHINK [R]: First, RETHINK how to lead your team to determine what is critical to creating a community health clinic design through discussing core concepts of what it 'means' to live in a rural or small town by clicking on the nurse.

APPRAISE [A]: Second, APPRAISE articles that provide key information from recent research and quality improvement projects.

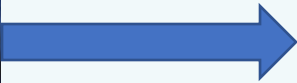
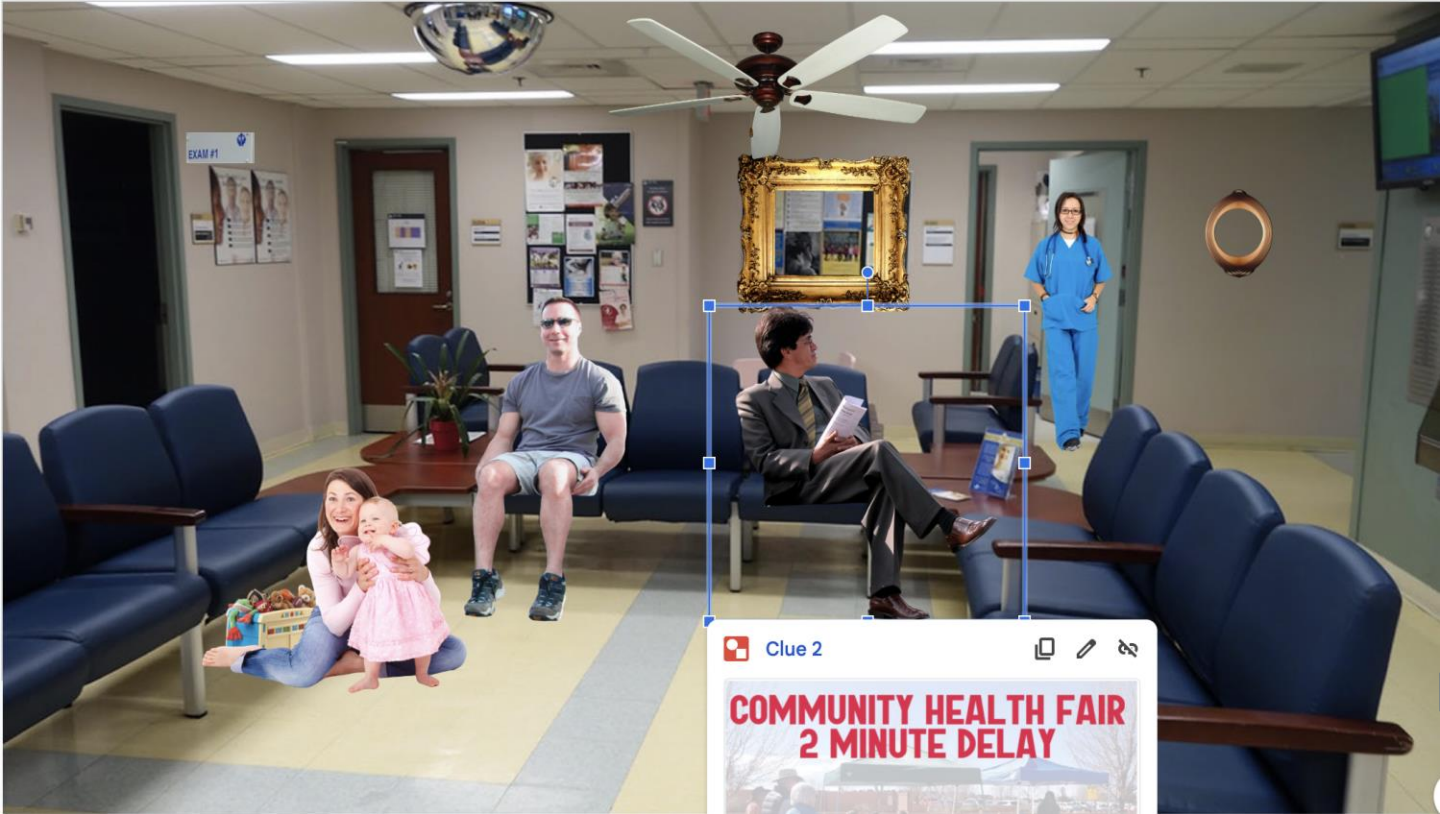
INQUIRY [I]: Third, INQUIRE who should be included in the design development meeting to help make design decisions from a community participatory perspective.

STUDY [S]: Next, STUDY the input from community members and the important features needed in the design of the clinic based on the interactive components of the room.

EMPOWER [E]: Then, EMPOWER the team to design a research study to evaluate the success of the clinic design. What are the best metrics to study?



Creating a Virtual Escape Room | Crafting the Challenge



Base photo of appropriate depth



Use other images and link to clues, puzzles

Creating a Virtual Escape Room | Crafting the Challenge

Questions Responses **2** Settings Total points: 0

Community Health Clinic

Form description

RETHINK: What are six proposed attributes of a community health center? *

Short answer text

STUDY: Based on the jigsaw puzzle, what is a potential sustainable energy source for this clinic? *

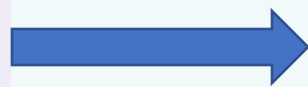
Short answer text

INQUIRY: Takeaways from your casual listening in of community stakeholders? *

Long answer text



Collate Responses for Group Insights

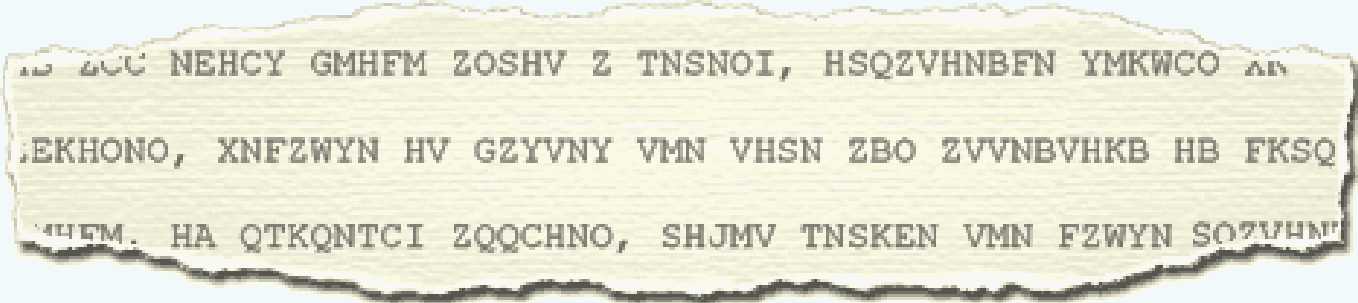


Short and Long Response Text – Wider spectrum of Thought

Creating a Virtual Escape Room | Crafting the Challenge



False Clues



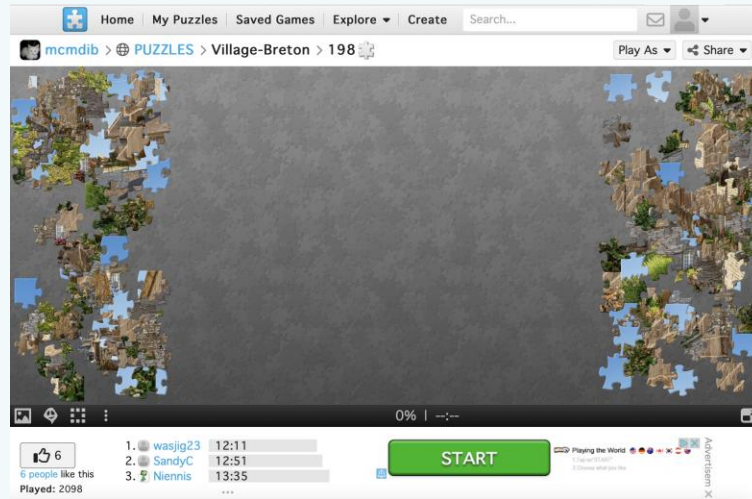
Cryptograms

Creating a Virtual Escape Room | Crafting the Challenge



Newspaper clippings & talking squirrels

www.fodey.com/generators



Jigsaw Planet Puzzles

www.jigsawplanet.com

<https://www.jigsawplanet.com/?rc=play&pid=1608a6a54bfd>

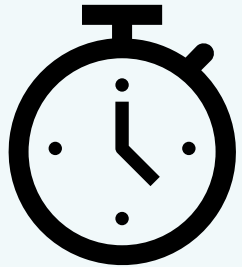


Interactive Clues

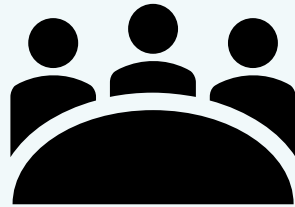
<https://view.genial.ly/64cbe8e8c786590019ffa6da/interactive-image-community-health-clinic-escape-room>



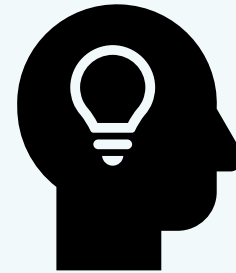
Creating a Virtual Escape Room | The Evaluation



Time to Completion



Team
Dynamics/Group
Behaviors



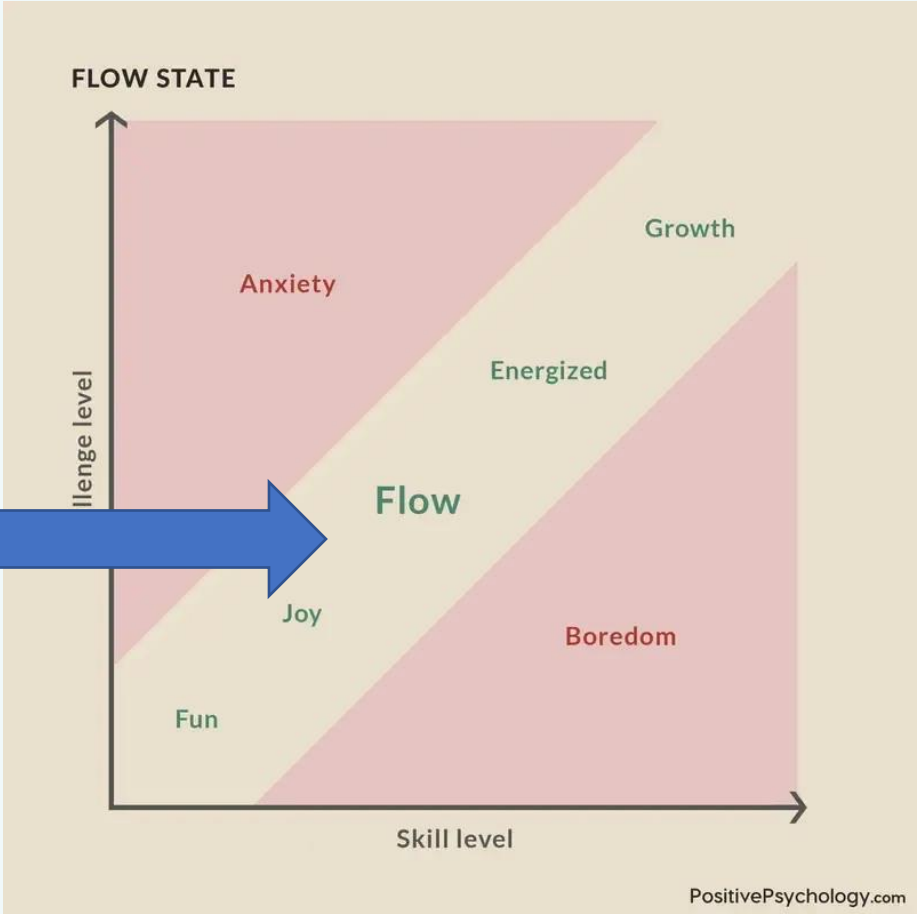
Plasticity in
Thought/Approach



Form Answer
Accuracy

Creating a Virtual Escape Room | The Experience

Achieve flow via appropriate skill level to challenge level!



<https://sites.google.com/arizona.edu/research-workshop-community/home>

PRACTICE!

<https://nursingihd.com/raise-the-bar-for-healthcare-design>

References

1. Veldkamp, A., van de Grint, L., Knippels, M.-C. P. J., & van Joolingen, W. R. (2020). Escape education: A systematic review on Escape Rooms in Education. *Educational Research Review*, 31, 100364. <https://doi.org/10.1016/j.edurev.2020.100364>
2. Manzano-León, A., Rodríguez-Ferrer, J. M., Aguilar-Parra, J. M., Martínez Martínez, A. M., Luque de la Rosa, A., Salguero García, D., & Fernández Campoy, J. M. (2021). Escape Rooms as a learning strategy for Special Education Master's Degree Students. *International Journal of Environmental Research and Public Health*, 18(14), 7304. <https://doi.org/10.3390/ijerph18147304>
3. Veldkamp, A., Knippels, M.-C. P., & van Joolingen, W. R. (2021). Beyond the early adopters: Escape Rooms in science education. *Frontiers in Education*, 6. <https://doi.org/10.3389/feduc.2021.622860>

Creating a Virtual Escape Room | Putting it all Together

STEPS

1. Create the scenario [SETTING; POPULATION; TIMELINE/TIMEFRAME; KEY CHARACTERISTICS MATCHING OBJECTIVES]
2. Create your clues [Jigsaw Planet; Genial.ly; Kidzone.ws; Abcya.com/games; fodey.com]
 - Use Google Document to also create false clues or 'static' clues that are in picture only
3. Open Google Drawing [Create your pictures, images THEN click on each item to insert the URL link to the clue]
4. Open Google Forms [Create the 'locks' to your escape room via the questions and answers based on clues]
5. Open Google Sites [Create a site, then title the page and textbox for your scenario; then, insert Google Drawing + Form]
6. Publish the Google Site (top right) and ensure link is shareable with everyone
7. Create a facilitator or trainer guide which has the clues listed and answers to the form